

UC SHIP

UCLA - Academic Year 2021 - 2022

VISIT UC SHIP AT www.studenthealth.ucla.edu for details of your coverage, handy guides, benefit plan design, and services available at the Ashe Center. *See benefit chart on the reverse side of this sheet.*

What is UC SHIP?

UC SHIP also known as University of California Student Insurance Program is a comprehensive major medical insurance plan comprised of Anthem Blue Cross medical coverage, Blue View Vision vision coverage, Delta Dental dental coverage, and mental/behavioral health coverage through UCLA Neuropsychiatric Behavioral

UC SHIP PREMIUM FEES 2021 - 2022

	Quarter*	Semester*	Annual
Undergraduates	\$933.00	N/A	\$2,799.00
Graduates	\$1,573.37	\$2,360.05	\$4,720.11

* Summer term included in Spring term



Navigating UC SHIP

THE ASHE CENTER & REFERRALS

The Arthur Ashe Center serves as every UC SHIP student's medical home. The Ashe Center offers a variety of services to support the diverse UCLA campus community with comprehensive healthcare services & education. Services include:

- Bruin Pharmacy at Ackerman Union
- USeeLA Optometry at Ackerman Union
- ASAP Clinic at the 3rd floor at the Ashe Center

For UC SHIP students, all non-emergent medical services must be initiated at the Ashe Center and a valid Ashe referral is required prior to obtaining services with any outside provider.

MENTAL HEALTH/SUBSTANCE ABUSE & REFERRALS

Mental/behavioral health and substance abuse care at UCLA is provided by Counseling and Psychiatric Services (CAPS), UCLA NPBHS and Anthem network providers. *CAPS referral is required for all non-emergent services outside of CAPS.*

Referrals are not required for medical or mental health emergencies treated in participating urgent care facilities or emergency rooms. Be sure to follow up with Ashe Center or CAPS after your visit.

UC SHIP has partnered with LiveHealthOnline for video appointments with a physician 24/7!
UC SHIP copay per session is only \$0!

3-TIERED PLAN and UC FAMILY PROVIDERS

UC SHIP is organized into 3-tiers: UC Family providers, Anthem Network Providers, and Out-of-Network providers.

WHAT IS THE UC FAMILY NETWORK: The University of California's 5 Health Systems including hospitals, medical facilities and affiliated professional groups. Call Anthem Blue Cross at 866-940-8306 to confirm that provider is in the UC Family network.

THE UC FAMILY tier has the lowest coinsurance /copayments and no deductible. (See benefits chart on back page)

Out-Of-Pocket Max(OOPM): There are three separate OOP maximums, one for each tier of coverage. Covered expenses accumulate toward the OOPM amount for the tier in which the services were obtained. Each OOPM is separate and does not accumulate towards the others.

WHERE TO FIND HELP

- Ashe Center (310) 825-4073
- Counseling and Psychological Services (CAPS) (310) 825-0768 (24/7 Service)
- NurseLine (After-hours) (310) 825-4073
- Anthem Blue Cross (866) 940-8306 option
- Optum Rx Pharmacy (844) 265-1879
- Anthem Blue View Vision (866) 940-8306 option 1
- Delta Dental (800) 765-6003
- **AHP for UCSHIP Enrollment and Eligibility** UCSHIP@ahpservice.com

Note: This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.ucop.edu/ucship/plan-documents/ or call 1-866-940-8306.

Medical Plan Benefit Summary 2021 - 2022				
Key Benefits	The Ashe Center	UC Family*†	In-Network*	Out-of-Network***
Benefit Year Deductible	N/A	N/A	\$300	\$500
Annual Out-of-Pocket Maximum	\$2,000		\$3,000	\$6,000
Physician Office Visit	\$0	\$10	\$25 (ded. waived)	40%
Specialist Copay	\$0	\$15	\$40 (ded. waived)	40%
Lab and X-ray				
• CT, MRI, PET scans	N/A	10%	20%	40%
• Blood Work	10%	10%	20%	40%
• X-Ray	\$5/per	10%	20%	40%
Hospitalization				
• In-patient	N/A	10%	\$250 per Admit + 20%	\$500 + 40%
• Out-patient	N/A	10%	\$125 per Admit + 20%	\$250 + 40%
Emergency Room	N/A	\$125	\$125 (ded. waived)	\$125 + anything above allowed amount (ded. waived)
Urgent Care	\$0	\$25	\$25 (ded. waived)	40%
Mental Health/Substance Abuse**	Counseling and Psychological Services (CAPS) + BHS ** \$0	\$0**	\$0** (ded. waived; if there are facility charges, those charges will be subject to ded.)	40%**
Physical & Occupational Therapy	\$15	\$15	\$40 (ded. waived)	40%
Acupuncture	\$15	\$15	\$40 (ded. waived)	40%
Chiropractor	N/A	N/A	\$40	40%
Other Professional Services	10%	10%	20%	40%
Prescription Drugs	\$5 generic \$25 brand-name formulary, 30-day supply \$40 brand-name non-formulary, 30-day supply	\$10 generic \$40 brand-name formulary, 30-day supply \$60 brand-name non-formulary, 30-day supply	\$10 generic \$40 brand-name formulary, 30-day supply \$60 brand-name non-formulary, 30-day supply	\$10 generic \$40 brand-name formulary, 30-day supply \$60 brand-name non-formulary, 30-day supply plus amounts exceeding Optum maximums
Note: 100% prescription coverage for FDA-approved generic prescription contraceptives and brand-name prescription contraceptives when a generic equivalent is not available is only available at Optum pharmacy network provider.				

*Non-emergent medical services must be initiated at the **Ashe Center**. **Valid Ashe referral required.**

Mental and Behavioral Health services must be initiated at UCLA Counseling and Psychological Services (CAPS). **Valid CAPS referral required. Contact CAPS at 310-825-0768 or at www.caps.ucla.edu.

***Out-of-Network reimbursement is subject to usual and customary rates. Valid Ashe referral required.

† **UC Family** includes Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCI, UCSD, UCSF, and UCD.