

# **UCLA Arthur Ashe Student Health & Wellness Center**

**Accessing Student Health Services**

**UC Student Health Insurance Plan (UCSHIP)**

**UCLA Immunization Requirements**

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- **ALL STUDENTS can use Ashe Center services, even if they waive the UCSHIP policy.**
- **All UCLA students have an assigned PCP (Primary Care Provider) at The Ashe Center for continuity of care. We are UCSHIP students' Patient Centered Medical Home.**
- **Appointments can be scheduled online, in-person or by phone (all students need is their Bruin Card)**
  - **SAME DAY & FUTURE APPTS AVAILABLE BY PHONE/ ONLINE**
  - **VIRTUAL SERVICES (TELEMEDICINE/ SECURE MESSAGING)**
  - **LOCAL URGENT CARE / HOSPITAL PARTNERS**
- **With UCSHIP, Primary Care visits are \$0.**  
**Without UCSHIP, In-person PCP visits are only \$25.**
- **We do not accept outside insurance plans, no cash or cards accepted.**  
**All fees are posted to BruinBill.**



- **The Ashe Center features physical therapy, gynecologic health, laboratory/radiology, specialty clinics, travel and immunization clinics, asynchronous care, telehealth, dental, AND MORE**
- **U See LA Optometry and Bruin Health Pharmacy are located in Ackerman Union, Campus Smiles Dental is available on 2<sup>nd</sup> Floor of Ashe Center**
- **IMPORTANT: We do not provide emergency care and are not a 24-hr facility**
  - Guidance on website for urgent issues (weekend/ away from campus)
  - \$25 copay for in-network urgent care with UCSHIP
  - UCLARR Hospital on campus for emergency needs (\$175 copay)
  - LiveHealth Online telemedicine appointments 24/7 (Anthem providers)
  - AfterHours Nurseline through Ashe Center phone line (RN, local advice)

**REMEMBER: Referrals required** in advance for outside routine care !!!



- Health insurance is a condition for enrollment in the UC, **students must WAIVE OUT of UCSHIP every year if they choose/have other eligible coverage** (read the waiver criteria online):
  - Waiver opens July-Aug 2024, **DEADLINE** to waive is September 2024
  - Waiver Process (AHP) verifies all coverage, fully-automated
  - Visit [studenthealth.ucla.edu/insurance](https://studenthealth.ucla.edu/insurance) to **WAIVE/ CHECK WAIVER STATUS**, or send an email to [ucship@ahpservice.com](mailto:ucship@ahpservice.com)
- To enroll in UCSHIP, students/ families do nothing (included on BruinBill). Coverage period: 9/24 - 9/25 (FULL YEAR, INCLUDING SUMMER)
- UCSHIP includes **ANNUAL** coverage for medical, pharmacy, behavioral health at CAPS, vision, and dental through Delta Dental (PPO)





- **Students can download their UCSHIP insurance information with the Sydney Mobile app (no insurance cards printed; info on Ashe Center website)**
- **Students who waive UCSHIP can purchase BruinCare for \$60 per quarter, pre-paid access to certain Ashe Center services (\$0 visits); **BRUINCARE IS NOT HEALTH INSURANCE****
- **REMEMBER: Waiving is an annual process, but students can toggle their waiver status three times per year: December (Winter), March (Spring/Summer), and July (Fall). More details online!**



- **All newly-admitted incoming UCLA students must provide documentation of vaccination or immunity to certain infectious diseases.**
  - **MMR, Varicella, Tdap, Meningitis, TB, Updated COVID Vax**
  - **Flu & COVID Booster are eligible for Opt-Out**
- **Students can satisfy these requirements through the Ashe Center Patient Portal on our website.**
  - **Document upload is REQUIRED to verify compliance.**
- **Deadline, FAQs, and more available on dedicated site:**  
<http://www.immunizationrequirement.ucla.edu>
- **COVID Protocols for 2024-25 @ <https://covid-19.ucla.edu/>**
  - **Students can contact EMT via Ashe Center Website**



- **GENERAL ASHE CENTER SERVICES:**

- <http://www.studenthealth.ucla.edu>

- **TO WAIVE/ UC SHIP INFO:**

- <http://www.studenthealth.ucla.edu/ucship>

- **FOR UCLA IMMUNE REQUIREMENTS:**

- <http://www.immunizationrequirement.ucla.edu>

- **CONNECT WITH US ON SOCIAL MEDIA:**

- <http://facebook.com/uclastudenthealth>

- <https://instagram.com/uclaashecenter>

**ASHE MAIN PHONE: 310-825-4073**

