

GETTING HEALTH CARE UNDER UCSHIP IS EASY!



1

START YOUR CARE AT THE ASHE CENTER

If you need health care, visit The Ashe Center first, right on campus. Schedule an appointment with your Ashe Primary Care Provider.

NEED A REFERRAL?

Your Primary Care Provider can provide you with a REFERRAL to visit a provider outside The Ashe Center if you need a specialist or surgery. This is when the Anthem PPO plan is used.*

2



3

KEEP YOUR COSTS LOW

To keep your expenses low, go to an Anthem Network Provider when you receive your REFERRAL.



ASHE STAFF CAN HELP

If you have questions, the Ashe Insurance Office can assist you. You can also call Anthem Customer Service (1-866-940-8306) or login to [Anthem.com/ca](https://www.anthem.com/ca).

4



EXCEPTION

RUSH TO EMERGENCY CARE

No referral is needed for Emergency care or Urgent Care Center visits when The Ashe Center is closed.



*Benefits will not be paid without an **ASHE CENTER** referral